



GOOD NEWS GRAM!

MONDAY, SEPTEMBER 21ST, 2026

GENE THERAPY OFFERS HOPE FOR TREATING GLAUCOMA AND MACULAR DEGENERATION

Great news for those suffering from vision loss! Scientists at Trinity College Dublin have developed a promising gene therapy to treat glaucoma, a condition that affects millions and can lead to blindness. In their recent study, the therapy was tested on both animal models and human cells, where it showed impressive results. It protected vital retinal cells and improved their function, offering hope for a new, effective treatment option.

Current treatments for glaucoma, such as eye drops and surgery, often fall short, making this innovative approach especially exciting. The therapy works by boosting mitochondrial activity, enhancing cellular performance, and reducing damage. With plans to move toward clinical trials, this therapy could revolutionize the treatment of glaucoma and dry age-related macular degeneration (AMD), two major causes of vision loss.



TODAY IN HISTORY

1937: J.R.R. Tolkien's "The Hobbit" was first published.



1985: North and South Korea opened their borders for their family reunion program.



INTERESTING FACT

More than 80 million people worldwide suffer from glaucoma.



HAPPY-HEARTY-LAUGH

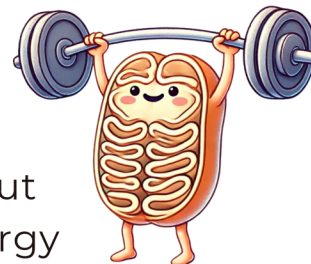
Why couldn't the DNA get into the nightclub?

The dress code said no genes.



DID YOU KNOW?

Mitochondria, often called the "powerhouses of the cell," are responsible for producing about 90% of the energy our cells need to function.



"Innovation is the calling card of the future."

- ANNA ESHOO

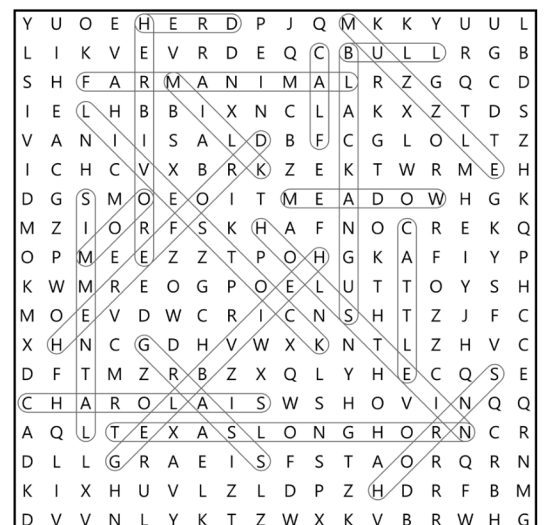
TREATMENTS WORD SEARCH



Cancer
Chemotherapy
Clinical Trial
CT scan
Diagnosis
Doctor
Healthcare
Immunity
Immunotherapy
Innovative

Medicine
mRNA
Oncology
Patients
Physician
Radiation
Technology
Therapy
Tumors
Vaccine

COWS WORD SEARCH SOLUTIONS





GOOD NEWS GRAM!

TUESDAY, SEPTEMBER 22ND, 2026

LULLABIES SHOWN TO IMPROVE HEALTH OF PREMATURE BABIES

Lullabies are often a lifesaver for many new parents. These beautiful melodies have proven to be a fantastic way to help put babies to sleep, and as it turns out, studies have found that lullabies have other health benefits. According to new research, lullabies improve the health of premature babies in intensive care and help calm anxious families who are experiencing a challenging time alongside their newborn children.

Gentle music therapy provided to infants via lullabies slows the heart rate of premature infants, allowing them to eat and sleep better. These melodies have also been shown to assist people as they process the vast array of emotions they feel when their child enters the world. So it's fair to say that whenever you're in a tough spot, sing a lullaby!

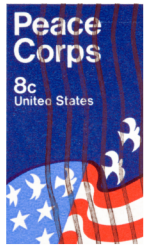


TODAY IN HISTORY

1789: The US Congress authorized the office of Postmaster General.

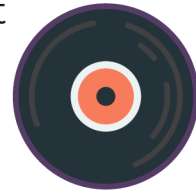


1961: US President John F. Kennedy signed a congressional act establishing the Peace Corps.



INTERESTING FACT

In 2016, Mozart actually sold more CDs than Beyoncé.



HAPPY-HEARTY-LAUGH

Why couldn't the pony sing a lullaby?

She was a little horse!



DID YOU KNOW?

Research has shown that music can enhance physical performance, especially with repetitive exercise.



"Let the rain sing you a lullaby."

- LANGSTON HUGHES

LULLABIES WORD SEARCH



Baby
Bedtime
Beneficial
Comfort
Cradle
Emotions
Feelings
Gentle
Infants
Listening

Melody
Music
Parents
Playing
Sleep
Song
Soothing
Sound
Treatment
Tune

TREATMENTS WORD SEARCH SOLUTIONS





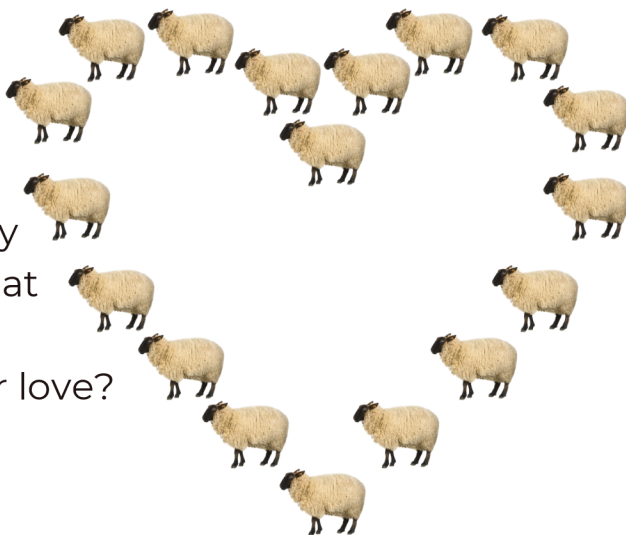
GOOD NEWS GRAM!

WEDNESDAY, SEPTEMBER 23RD, 2026

AUSTRALIAN FARMER DRAWS HEART WITH SHEEP AS TRIBUTE TO AUNT

People around the world have figured out many creative ways to pay tribute to the ones they love. For example, Ben Jackson, an Australian farmer, hoped to attend his Aunt Debby's funeral, but for various reasons, he was prevented from paying his final respects.

Ben didn't let these restrictions get him down, as he found another way to express his love. He decided to scatter grain out in his pasture in the shape of a heart. Just as he had hoped, the sheep made the shape of a heart while eating their grain. This beautiful image was captured by a drone and went viral after Ben shared it online. Although it was unfortunate that Ben was unable to attend his aunt's funeral, his gesture of love was witnessed by many. In what ways do you express your love?



TODAY IN HISTORY

1952: Rocky Marciano wins the heavyweight world title by knocking out Jersey Joe Walcott.



1962: The animated TV series "The Jetsons" premieres on ABC.



INTERESTING FACT

Sheep have a great sense of smell thanks to the scent glands they have on their feet and in front of their eyes.



HAPPY-HEARTY-LAUGH

I could not figure out why a male sheep is called a Ram.

Then it hit me...



DID YOU KNOW?

There are over a thousand unique breeds of sheep across the world.



"Love is like the wind, you can't see it but you can feel it."

- NICHOLAS SPARKS

FAMILY WORD SEARCH



Affection

Aunt

Brother

Caring

Commitment

Emotions

Father

Gentleness

Joy

Kindness

Love

Mother

Patience

Relationship

Respect

Sharing

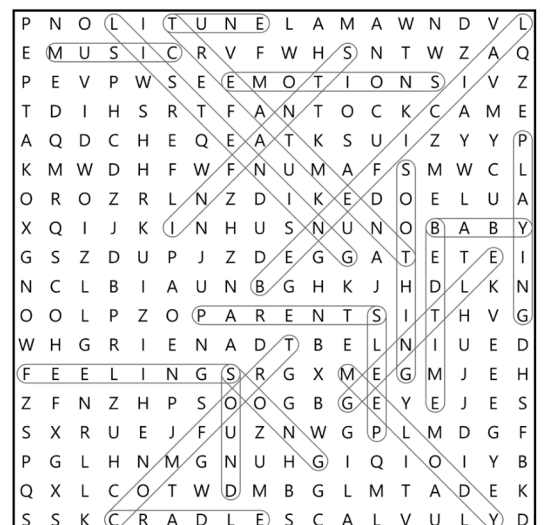
Sister

Support

Together

Uncle

LULLABIES WORD SEARCH SOLUTIONS





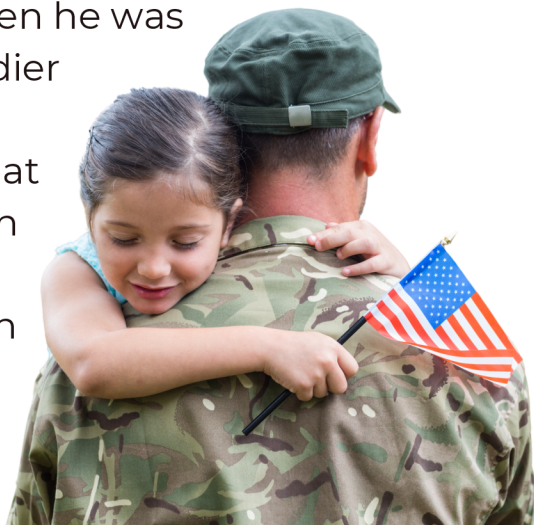
GOOD NEWS GRAM!

THURSDAY, SEPTEMBER 24TH, 2026

VETERAN REUNITED WITH CHILDREN HE SAVED DURING WORLD WAR II

Few people can complete the heroic feat of saving a life, and fewer still can save multiple lives at once. Martin Adler is a World War II veteran who did the latter in 1944 when he saved three Italian children. Martin has kept a photo of himself as a young American soldier alongside three Italian children for over seven decades. In a fortunate turn of events, the 97-year-old veteran recently met the three children he saved.

The reunion between Martin and Bruno Mafalda, and Giuliana Naldi was possible thanks to the efforts of social media. The three family members took a 20-hour trip to meet the man who saved them. Martin handed them bars of chocolate, just as he did when he was a 20-year-old soldier in their village of Monterenzio. What a thrill that Martin was able to add this joyful reunion to his long list of life experiences.



TODAY IN HISTORY

1960: The first nuclear-powered aircraft carrier, the USS Enterprise, was launched.



1968: The iconic news program "60 Minutes" premiered on CBS.



INTERESTING FACT

May 8th is celebrated as VE Day, which stands for Victory in Europe. Winston Churchill announced this day in 1945.



HAPPY-HEARTY-LAUGH

Why do Romans not use maps?

Because all roads lead to Rome.



DID YOU KNOW?

There were a total of 182 Victoria Cross awards given to various heroes of the Second World War.



"Heroism is endurance for one moment more."

- GEORGE F. KENNAN

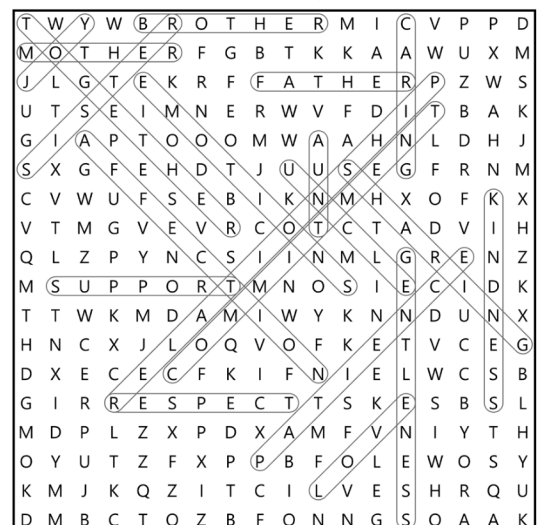
VETERAN WORD SEARCH



Army
Bravery
Courage
Duty
Gratitude
Heroes
Honor
Military
Parade
Patriot

Pride
Respect
Reunion
Sacrifice
Salute
Service
Soldier
Tribute
Troops
World War

FAMILY WORD SEARCH SOLUTIONS





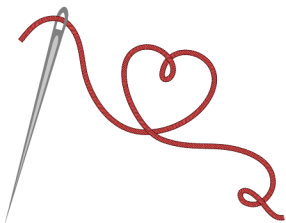
GOOD NEWS GRAM!

FRIDAY, SEPTEMBER 25TH, 2026

PRISON INMATES MAKE PERSONALIZED QUILTS FOR KIDS

Ten years ago, a creative program was started in the South Central Correctional Center, allowing inmates to create various kinds of quilts. The goal of this program was to provide quilts for the children in Texas County foster care.

This unique project has allowed prison inmates to put their creative talents to good use and find a sense of purpose. At the same time, many children in the Texas County foster care system now enjoy beautiful quilts to comfort them and have something to call their own. It's projects like these that is certainly a win-win situation, and it's heart-warming knowing that these foster children can wrap up with their new quilts.



TODAY IN HISTORY

1789: The US Congress passes the Bill of Rights, the first ten amendments to the Constitution.

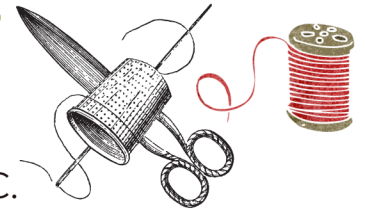


1977: Approximately 4,200 individuals ran in the inaugural running of the Chicago Marathon.



INTERESTING FACT

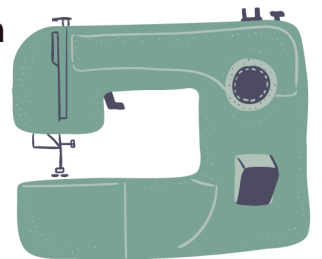
The practice of quilting dates back to 3400 BC.



HAPPY-HEARTY-LAUGH

What did Captain Picard say to the quilting machine repairman?

Make it sew!



DID YOU KNOW?

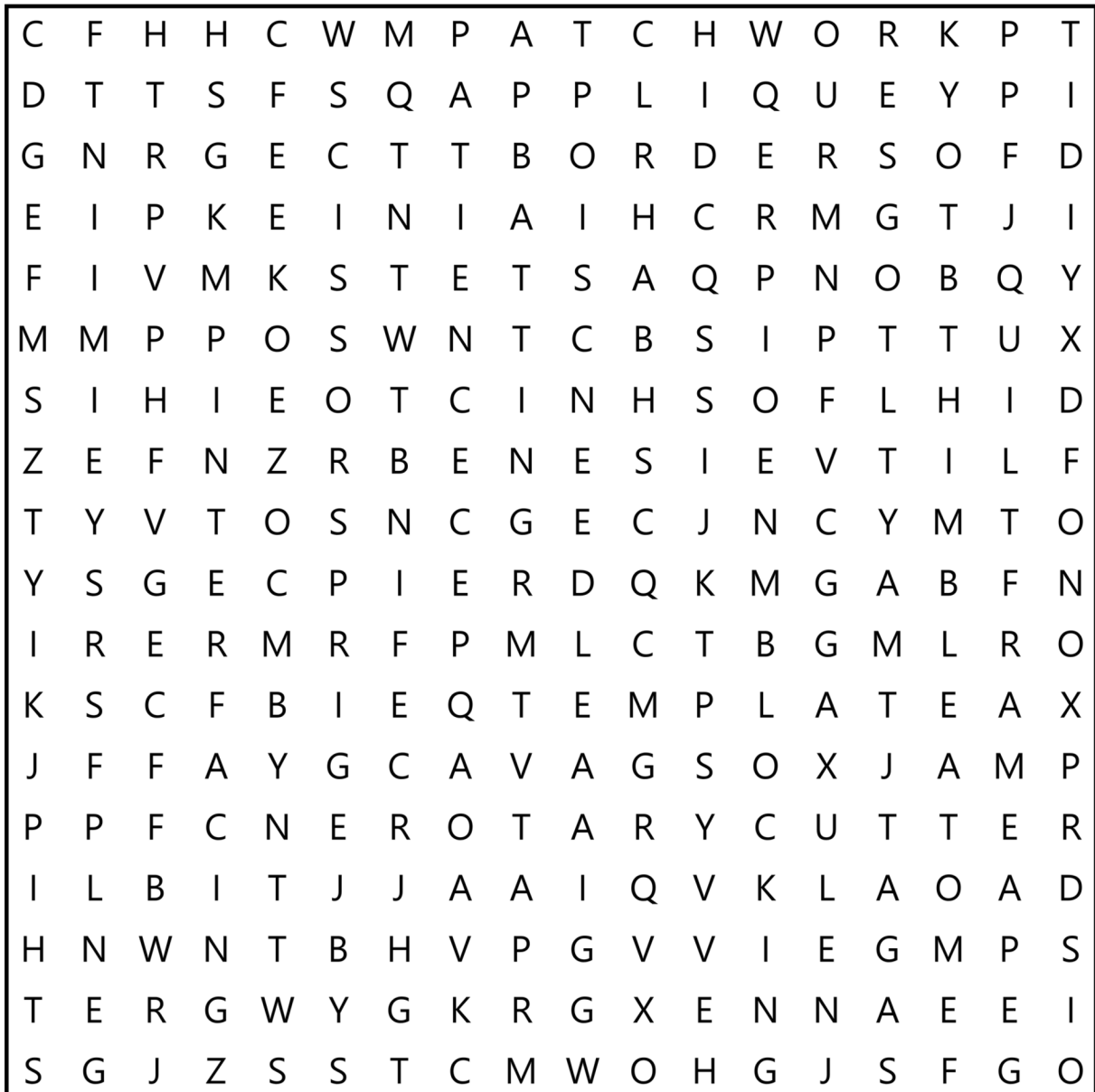
The oldest quilt that exists is the Tristan Quilt, dated between 1360- 1400.



"The soul is healed by being with children."

- FYODOR DOSTOEVSKY

QUILTS WORD SEARCH



Applique
Batting
Bias
Blocking
Border
Creative
Fabric
Interfacing
Motif
Needle

Patchwork
Patience
Pressing
Quilt Frame
Rotary Cutter
Scissors
Sewing
Stitching
Template
Thimble

VETERAN WORD SEARCH SOLUTIONS

