



GOOD NEWS GRAM!

MONDAY, OCTOBER 12TH, 2026

SCIENTISTS DEVELOP INSULIN THAT DOESN'T REQUIRE REFRIGERATION

The discovery of insulin by Frederick Banting has allowed many people with diabetes the possibility of living a long life and being able to manage their diabetes. To keep insulin viable, it must be refrigerated and kept between 36 and 46 degrees Fahrenheit. However, a team of scientists in India has recently developed a thermostable variety of insulin that doesn't need refrigeration and remains stable at room temperature.

This development is a massive breakthrough for the millions of people who rely on insulin, as they can now be confident while traveling, during natural disasters, etc. In addition, the new insulin can withstand temperatures as high as 149 degrees, making it more affordable as a result. The FDA has yet to approve the new drug, but there is hope that this insulin will be available soon.

INSULIN



TODAY IN HISTORY

1989: The US House of Representatives approved a statutory federal ban on the destruction of the American flag.



2006: The Dow Jones industrial average crossed 11,900 for the first time.



INTERESTING FACT

The creator of insulin, Frederick Banting, is officially knighted.

HAPPY-HEARTY-LAUGH

What did Mary Poppins say to the diabetic?

A spoonful of insulin helps the sugar go down.



DID YOU KNOW?

Insulin is the "key" that allows glucose from food to leave the blood and enter cells to provide energy.



"Progress is impossible without change."

- WALT DISNEY

INSULIN WORD SEARCH



Absorb

Beta Cells

Bloodstream

Carbohydrates

Diabetes

Fredrick Banting

Glucose

Glycogenesis

Hormone

Langerhans

Lipogenesis

Medicine

Metabolism

Pancreas

Peptide

Pharmaceutical

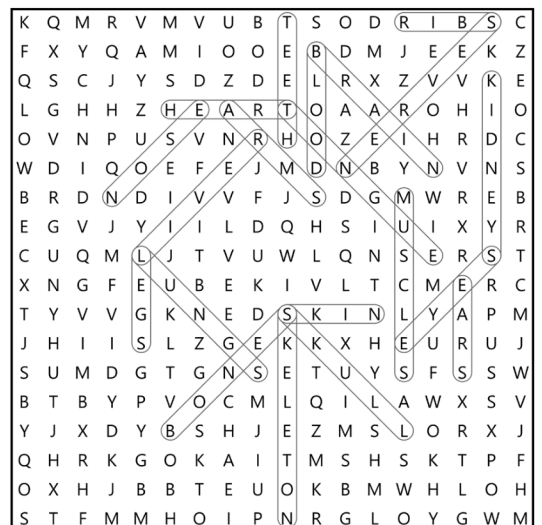
Protein Synthesis

Scientists

Sugars

Syringe

HUMAN BODY WORD SEARCH SOLUTIONS





GOOD NEWS GRAM!

TUESDAY, OCTOBER 13TH, 2026

RESTAURANT SURPRISES BLIND CUSTOMER WITH A BIRTHDAY MESSAGE WRITTEN IN BRAILLE

Restaurants are known for keeping their customers happy, but a London restaurant, Luciano by Gino D'Acampo, went above and beyond for Natalie Te Paa, one of their diners. The restaurant didn't know in advance that Natalie would be eating at their restaurant, as they found out about Natalie's birthday when her friend announced they were there to celebrate a birthday.

With little time to prepare, the staff came up with an incredible surprise by presenting Natalie with a plate that had "Happy Birthday" written on it in Braille. Natalie said she was blown away by the special care and attention offered to her on her birthday. What an inspiring and heartwarming gesture. Happy belated birthday, Natalie!



TODAY IN HISTORY

1775: US Continental Congress ordered the construction of a naval fleet.

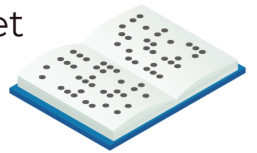


1953: Samuel Bagno patented an ultrasonic burglar alarm.



INTERESTING FACT

Braille isn't necessarily a language but rather an alphabet used to write almost any kind of language.



HAPPY-HEARTY-LAUGH

Did you hear about the restaurant on the moon?

The food is great but the atmosphere is absolutely terrible!



DID YOU KNOW?

The origins of braille date back to the French army in 1819, when soldiers used it to communicate in the darkness without speaking.



"Kindness can become its own motive, we are made kind by being kind."

- ERIC HOFFER

BRAILLE WORD SEARCH



Alphabet

Blind

Books

Cells

Code

Contraction

Dots

Embossed

Fingers

Louis Braille

Numbers

Raised Dots

Read

Stylus

Tactile

Touch

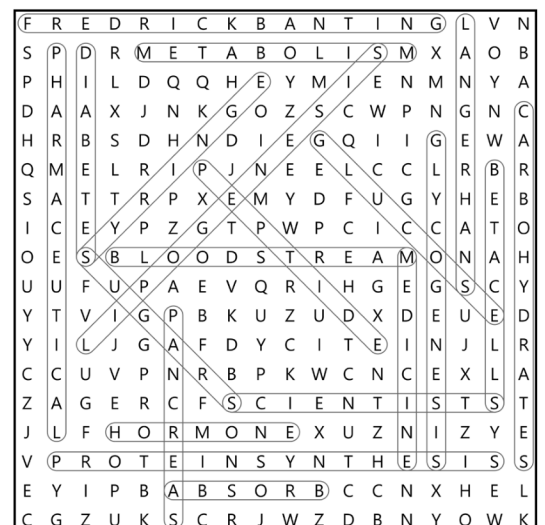
Transcription

Vision

Words

Write

INSULIN WORD SEARCH SOLUTIONS





GOOD NEWS GRAM!

WEDNESDAY, OCTOBER 14TH, 2026

GENEROUS COUPLE GIVES \$100 MILLION FOR THE CONSERVATION OF 57,000 SQUARE MILES OF PROTECTED AREAS IN AFRICA

African Parks, a nonprofit conservation group in South Africa, has secured an enormous donation of \$100 million from the Rob and Melani Walton Foundation. African Parks, founded in 2000, has focused on the long-term management of preserved areas to protect wildlife, restore landscapes, and ensure sustainable livelihoods of local communities.

They aim to manage 30 parks measuring over 74 million acres by 2030. This restoration will help bolster the African government's efforts to reach the global target of protecting 30% of the planet for nature. What amazing charity!



TODAY IN HISTORY

1926: A.A. Milne's book "Winnie-the-Pooh" was first published.



1947: U.S. Air Force Captain Chuck Yeager became the first person to fly faster than the speed of sound.



INTERESTING FACT

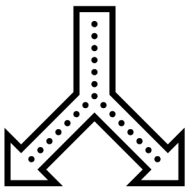
Africa is home to the Sahara, the world's largest and hottest desert that covers 11 different countries.



HAPPY-HEARTY-LAUGH

How did the crazy person get out of the forest?

He took the psychopath!



DID YOU KNOW?

The number of distinct languages spoken in Africa is between 1500 to 2000.



"Every flower is a soul blossoming in nature."

- GERARD DE NERVAL

AFRICA WORD SEARCH



Camels

Congo

Deserts

Egypt

Elephants

Ethiopia

Kalahari

Karoo

Mount Kilimanjaro

Namib

Nigeria

Nile

Okavango

Sahara

South Africa

Tanzania

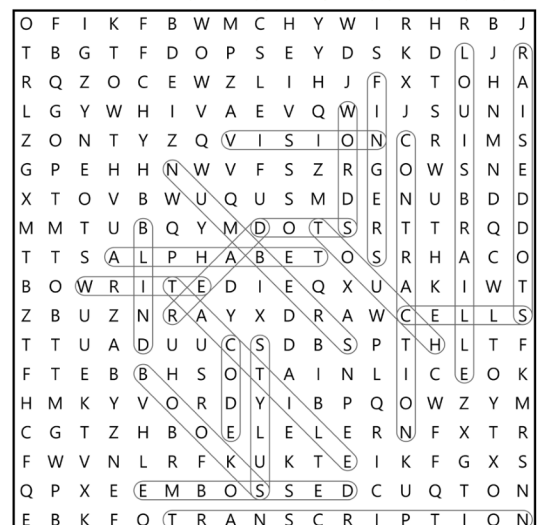
Uganda

Victoria Falls

Wildlife

Zambia

BRILLE WORD SEARCH SOLUTIONS





GOOD NEWS GRAM!

THURSDAY, OCTOBER 15TH, 2026

GROCERY STORE TACKLES CHILD HUNGER, ONE FAMILY AT A TIME

Sadly, roughly 17 million children in America are battling hunger. Thankfully, there are a variety of initiatives to help combat this problem, with one innovative grocery store tackling the problem head-on. Social entrepreneur and Goodr CEO, Jasmine Crowe, has partnered with rap star Michael Gunna to open a grocery store within the middle school he attended in Georgia.

Everything in the store is free for students and their families, including food, household items, clothes, and other essential items. The store has been given the creative name "Gunna's Drip Closet And Goodr Grocery Store." Gunna has generously committed to funding the store for "as long as he is alive." Thank you, Gunna, for all you do to help those in need!



TODAY IN HISTORY

1928: The German airship completed its first transatlantic flight, landing in New Jersey.



1951: The first episode of the iconic American sitcom "I Love Lucy" aired on CBS.



INTERESTING FACT

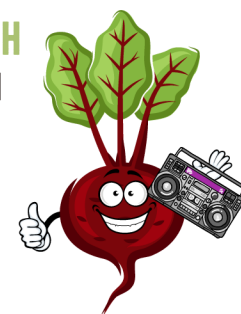
It's estimated 25% of grocery shopping dollars are spent on processed foods and other sweets.



HAPPY-HEARTY-LAUGH

Dr. Dre was kicked out of the grocery store today.

He was dropping too many beets!



DID YOU KNOW?

Indented bottoms of wine and jelly jars create an illusion, tricking you into thinking that they contain more content than they actually do.



"Part of being a person is about helping others."

- REGIS MURAYI

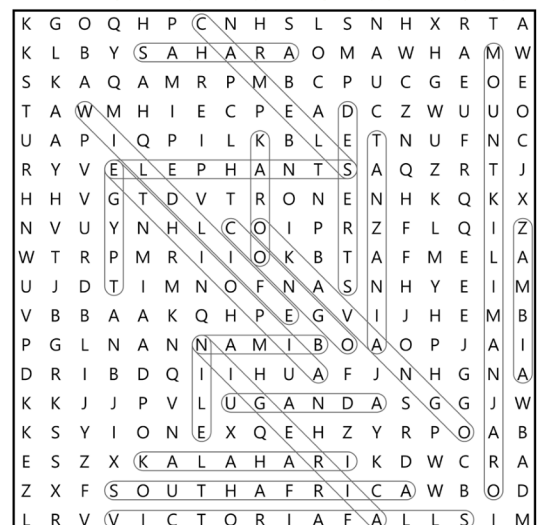
TOY WORD SEARCH



Ball
Balloon
Bicycle
Blocks
Children
Doll
Hula Hoop
Jigsaw Puzzle
Kite
Lego Set

Marbles
Play
Puppet
Rattle
Rocking Horse
Rubik's Cube
Skateboard
Teddy Bear
Toy Car
Yo-Yo

AFRICA WORD SEARCH SOLUTIONS





GOOD NEWS GRAM!

FRIDAY, OCTOBER 16TH, 2026

100-YEAR-OLD MAKES HISTORY AS THE OLDEST NATIONAL PARK RANGER

Betty Soskin is an incredible individual who has worn many different hats in her various careers. Betty has been a published author, songwriter-activist, and businesswoman throughout her life. Now she's proudly serving as the country's oldest Park Ranger.

Betty began her career with the National Park Service in 2000, working with the park service to help tell untold stories of black Americans and the homefront during WWII. One of Betty's legacies is having a Bay Area middle school renamed in her honor.



TODAY IN HISTORY

1923: Walt Disney, the esteemed entertainment company is established.



1958: Chevrolet releases the El Camino.



INTERESTING FACT

The very first Ranger training was held at Natural Bridge State Park, Kentucky, in 1971.



HAPPY-HEARTY-LAUGH

Yosemite was made a national park...

So people wouldn't take it for granite!



DID YOU KNOW?

The National Park Service has the responsibility of protecting over 84 million acres of land and historic sites.



"The key to success is action, and the essential in action is perseverance."

- SUN YAT-SEN

NATIONAL PARK WORD SEARCH



Attraction
Biodiversity
Conservation
Cultural
Ecological
Ecosystem
Environment
Forests
Government
Heritage

Historical
Landscape
Monument
Natural Resources
Park Ranger
Preserve
Rocks
Tourists
Trees
Wildlife

TOY WORD SEARCH SOLUTIONS

